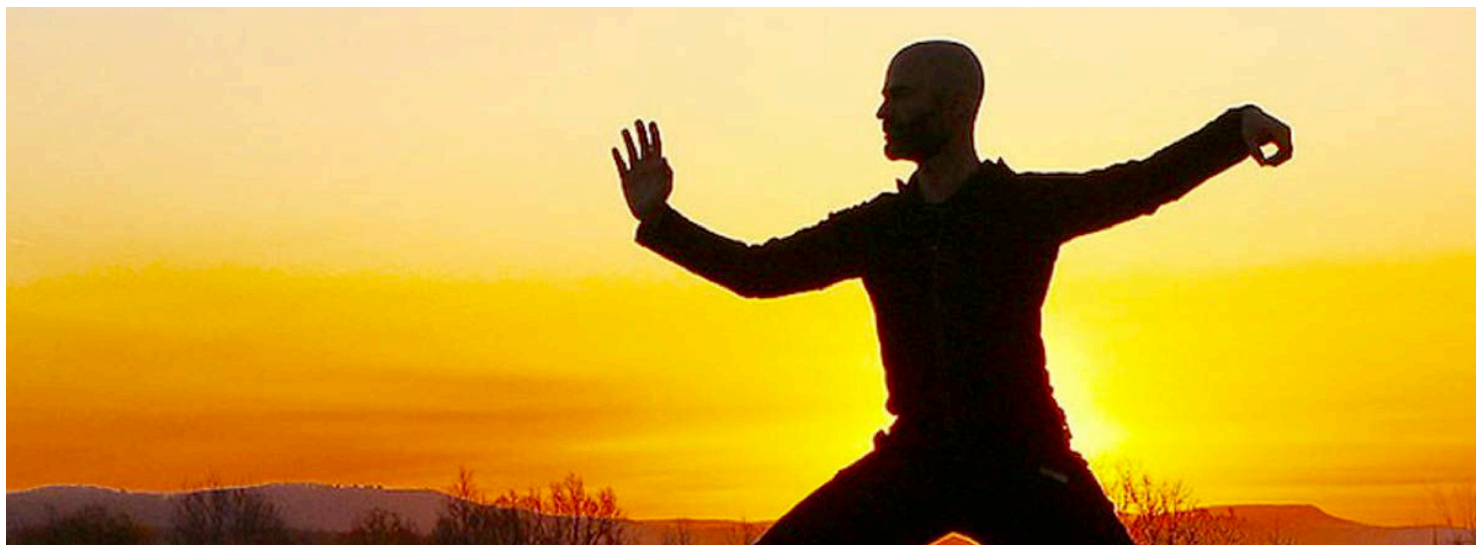




Certification in Tai Chi Instructor Training



Expand Your Horizons, Sharpen Your Skills!

This program is designed to provide a comprehensive understanding of Tai Chi philosophy, principles, and techniques, as well as the skills and knowledge necessary to effectively teach Tai Chi to others. Students will progress through the levels of the 37 Posture Yang Short Form, 54 Posture Straight Sword Form, and the 108 Posture Yang Long Form, while also learning about Taiji anatomy, applications, practice, and meditation.

This course will include:

- ▶ **NCCAOM CE/PDA:** 4 points

- ▶ **Instructor:** Joseph Sing Cheung, MA, BA
- ▶ **Tuition:** \$5,000
 - Student: \$1,500 (70% off), Alumni: \$4,000 (20% off), Faculty: \$2,500 (50% off)

Start: **January 18, 2024** Thursdays

Time: 9:00 am - 6:00 pm

Where: Syosset Campus

Registration Deadline: The last day to register for the class is July 15th. A minimum of 10 students must enroll by June 4th for the class to take place.

To register please contact:

ContinuingED@nycollege.edu

(516) 364-0808 x130

www.nycollege.edu

New York College of Health Professions
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Pioneering Holistic Health For 40 Years!