



New York COLLEGE

of Health Professions

Safety Tips

Transportation Safety

Motor vehicle safety

1. Park in well-lit areas, where your vehicle is visible; avoid parking next to vans or trucks.
2. Keep all items out of sight, especially valuables. Remove or place electronics, phones, smart devices etc. in the trunk.
3. Service your vehicle regularly to avoid breakdowns.
4. Keep your vehicle locked at all times.
5. Consider anti-theft devices or an alarm system.
6. When leaving your car for service, remove your other keys.
7. Have your key ready when you approach your car. Before getting in, check inside and under your car to make sure no one is hiding.

When driving

1. Carry a cell phone.
2. Never let fuel level get below $\frac{1}{4}$ tank.
3. Drive on well-traveled streets and keep your car in gear while it is stopped. Allow at least one car length space between your car and the car in front of you so that you can escape should someone try to get into your car.
4. Always be aware of your surroundings and check your rear-view mirror often.
5. Keep doors locked and windows shut and keep valuables out of sight; either covered or in the trunk.
6. If your car breaks down, open the hood and stay inside. If someone stops to help, do not open your window or door, but have him or her call for assistance.
7. If you suspect you are being followed, drive to a well-lit public area and call the police.

8. Beware of people who yell, honk, and point at your car as if something is wrong; if your car breaks down, stay inside and lock the doors. If anyone approaches to help, crack the window and ask them to call the police. Ask uniformed people to show identification.
9. Beware of people who motion and ask you to stop and lend assistance; if you want to assist someone whose car has broken down, go to the nearest phone or use your cell phone and call the police.
10. If a person with a weapon confronts you and wants your vehicle, give it up. No car is worth being injured or losing your life over.

Using public transportation

1. Try to avoid isolated bus or train stops and times when few people are around.
2. Stay away from the curb or platform edge until bus/train arrives.
3. If possible, sit near the driver and notify him or her of any problems.
4. A crowded bus/train is a prime target for pick pockets; carry your bags close and carry your wallet in your coat or front pant pocket.
5. If someone is bothering or harassing you, move to another seat location and/or tell the person in a loud voice to "STAY AWAY".
6. Remain on the bus/train if you are uncomfortable with getting off.