

Crisis Management Resources

ALL Campus Emergencies

• Call 911: for fire, serious medical problems, crime in progress, or for any life-threatening situation

Suicide Prevention

• National Suicide Prevention Lifeline: 1-800-273-TALK (8255)

Mental Health Assistance

- Nassau County Mobile Crisis Team:
 - o **516-227-TALK**
 - Consists of licensed professionals who are specially trained to deal with mental health problems 24 hours/7 days per week.
 - The Team responds in the same day and provides supportive crisis intervention to those experiencing an emotional disturbance, interpersonal crisis, or psychiatric emergency.
 - The Team assesses an individual and makes a referral to the most appropriate program, resource, or facility to ensure the individual's safety and wellbeing.
- Suffolk County Mental Health Hotline:
 - o **631-952-3333**
 - Crisis hotline in Suffolk County is available 24 hours/7 days per week
 - Trained hotline workers may provide verbal support, deploy the Mobile Crisis Team, or arrange for transport to DASH (Diagnostic, Assessment, and Stabilization Hub)
- Crisis Text Line
 - Text "START" to 741741
- NYC Well
 - 1-888-NYC-WELL (1-888-692-9355), Press 2
 - Text: Text WELL to 65173
 - Confidential crisis intervention and information and referral service for anyone seeking help for mental health and/or substance misuse concerns
 - Available 24 hours/7 days per week

Chemical Dependency

- Nassau County Directory of Behavioral Health Treatment Services:
 - o <u>Behavioral Health Services (nassaucountyny.gov)</u>
- Suffolk County Directory for Substance Abuse
 - <u>Behavioral Health Services (suffolkcountyny.gov)</u>
- NYC Well
 - 1-888-NYC-WELL (1-888-692-9355), Press 2
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Sexual Harassment

- The Safe Center Long Island
 - o **516-542-0404**
 - o <u>https://www.tscli.org/</u>
- VIBS (Victim Information Bureau of Suffolk)
 - o **631-360-3606**
 - <u>http://www.vibs.org</u>
- NYS Domestic and Sexual Violence Hotline
 - o **1-800-942-6906**
 - o <u>Enough is Enough</u>
- GLBT National Help Center:
 - o **1-888-843-4565**
 - o LGBT Help Center (lgbthotline.org)

Bias-Related Incidents

- Long Island Area
 - Biashelp: 877-363-2427
 - Biashelp.org
- New York City Area
 - Safe Horizon: 800-621-HOPE
 - Safehorizon.org
- New York State
 - Hate Crimes Task Force
 - 1-888-392-3644
 - <u>Hate Crimes Task Force (ny.gov)</u>